



Torquay Boys' Grammar School PE Department

SAFETY IN PHYSICAL EDUCATION

Mouthguards in Sport

Dear Parent/Guardian,

At Torquay Boys' Grammar School, as I'm sure you will become aware, myself and my staff are dedicated to enabling your son to be exposed to as broad a range of sporting opportunities as possible, including our curriculum-based Physical Education, extensive games options scheme, and extra curricular activities programme.

I am writing to advise you that your child will take part in some sports at school for which a mouthguard is required. As you may be aware, many sports governing bodies require players to wear mouthguards, often strongly recommending the wearing of custom fitting, dental mouthguards, at all levels. The school policy in accordance with recent guidelines, is to adhere to these policies. I have therefore asked O-Pro, the dental organisation that specialises in mouthguards, to visit the school and to give everyone the opportunity to have a dentally fitted mouthguard or a self fitted mouthguard at a reasonable cost.

To this end, I have invited O-Pro, to come to the school on the morning of **Wednesday 19th September 2018** to take impressions and mouthguard fittings. Whilst we are able to take order forms on the day of the fitting, this can cause inconvenience and may delay the delivery of the mouthguards, so can we urge you to reply as soon as possible.

O-Pro now visits a very substantial number of schools, and provides the following service;

- **A qualified dentist** to take the impression
- **A personally named mouthguard** usually delivered within approximately a week of fitting
- **School name** in mouthguard
- **A prompt replacement** in case of loss - O-Pro keep the model of your child's mouth
- **A comprehensive aftercare service**
- **A full dental accident warranty** for 12 months

In order to take advantage of this service, all you need to do is:

1. Choose the mouthguard design you require from the enclosed leaflet/order form
2. Place the order either over the internet, by phone, fax or post.

In all cases please **deal directly with O-Pro and not the school** – when ordering, please quote the code on your leaflet if ordering by phone, fax or post, and if you are ordering direct from the website, please select 'Torquay Boys' Grammar School' from the drop down menu.

I am happy to say that the prices range from £2 - £20 for self-fit gumshields and from £29- £58 (depending upon the design) for dentally-fitted gumshields, which compares most favourably with costs in any other shops and at local dentists. If your child already has a mouthguard, please check that it fits - your child's growth can prejudice the fitting and effectiveness of a mouthguard.

Please also visit the informative O-Pro website for further information, special offers and the latest designs at www.opro.com.

If you have any questions, please do not hesitate to contact me at school.

Yours faithfully

Mr B. Passenger
Director of Sport